



# AIKIDO SHINRYUKAN

OFFICIAL REPRESENTATIVE OF THE AIKIKAI WORLD HEADQUARTERS, TOKYO JAPAN

## SHUMEIKAN NEW CALEDONIA

### 4th National Annual Gasshuku

By Philippe Nakache

For four years now, Aikidoka's from all over New Caledonia have come together annually to make the most of Nobuo Takase Shihan's teaching during the Shumeikan FFAB Gasshuku's.

This year, Takase Shihan was accompanied by Dave O'Connor who was very generous by video recording the entire Gasshuku providing us with over 20 hours of enjoyable tuition over the space of 8 days... Thank you so much Dave!!!

The video highlights the wonderful technical and human qualities of Takase Shihan while also providing to us here in New Caledonia with an exemplary source of information to draw from, to help us in our personal pursuit to improve our study of this martial art.

During the Gasshuku, Takase Shihan suggested that we all study the basic techniques of Aikido and like any Sensei's who are wise and modest, preferred to insist on the fundamental basic's rather than showing us brilliant dynamic demonstrations in order to transmit the full essence of the spirit of Aikido.

Obviously without saying, the in-depth nature in which the range of techniques were covered throughout the week were of such that, any Aikidoka regardless of their grade be they beginner or experienced trainers came away very satisfied!

I would like to thank Takase Shihan personally and on the behalf of everyone for generously giving his time, experience and patience during every lesson.

Each visit to New Caledonia is enriching and most enjoyable for all the Aikidoka of New Caledonia.

Nobuo Takase Shihan has made us all aware of the wonderful nature and the way of life when one practices Aikido.



Nobuo Takase Shihan & Marc Cessio Sensei



Phillipe – Nobuo Takase Shihan – Andre



Katia Hudan

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SHUMEIKAN NEW CALEDONIA 4TH NATIONAL ANNUAL GASSHUKU 2008



Nobuo Takase Shihan



Koumac Aikido Club



Paul Robert Sensei

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