



Shinji Budo Kai Course

Newton Abbot, Devon – UK - with Guest Instructor Simon Puffett Sensei

The Dojo Cho of the **Shinji Budo Kai Clubs** Sensei Ray Brown extended an invitation to Simon Puffett Sensei after having met and trained together at the **Shin Gi Tai Aikido Society** Summer School in August'08. The summer school was lead by Gwynne Jones Shihan and held in Burry Port in the South of Wales in August'08.

The invitation to hold the Newton Abbot course on the southern coast of Devon, affectionately know to most as the English Riviera was the perfect opportunity to bring together the southern regional Dojo's affiliated to the Shin Gi Tai Aikido Society.

The weekend course held on the 4th & 5th of October'08 brought together instructors and students from as far and wide as Penzance, Plymouth, Brighton, Paignton, Western Super Mare and Abertillery in the South of Wales.

Humility and hilarity was the order of each day, with Sensei Simon explaining and demonstrating the antipodean approach and application to Taijutsu and Aikido weaponry that he has received from his Instructor and World Aikikai Foundation Representative for Japan Nobuo Takase Shihan 7th Dan and Kimori Dojo Dojo Cho, Toshiharu Sawada Shihan 7th Dan in Nagoya Japan.

Everyone thoroughly enjoyed the camaraderie and experience that was brought to the mat by those individuals who attended. The waza throughout the weekend included various techniques ranging from Hamni Handachi and Tachi Waza, Tanto Tori, Bokken & Jo Suburi and respective Kumi Tachi waza suitable for all levels of learning.

The Shinji Budo Kai Course in Newton Abbot was a great success and a credit to those individuals that generously gave the time and effort to organise the event.



Simon Puffett Sensei demonstrating ma-ai & posture prior to entering for Kote Gaeshi.



The effects of having too much fun with like minded Aikido enthusiasts...
- SHINJI BUDO KAI COURSE - Newton Abbot, Devon UK